



Clinic Participant Application

Diego Gaona • Clinton Anderson Professional Clinician
436 North Tacoma St Farmington, AR 72730
diego@downunderhorsemanship.com • 210-705-9143

APPLICANT INFORMATION: *Complete a separate form for each applicant. Limited to 1 horse per clinic.*

Name _____
First Last

Address _____

City _____ Country _____ Sex: _____

State _____ Zip _____ Home Phone _____ ☐ Female

Cell Phone _____ Date of Birth _____ / _____ / _____ ☐ Male
Month / Day / Year
(Applicants must be 18 years of age at start of clinic)

E-Mail _____

Participated in Previous Downunder Horsemanship Clinics? ☐ Yes ☐ No

If Yes - Date(s) Participated: _____

CLINICS DETAILS: (50% of fee due at sign up)

Dates:	Location:	Price:
		\$1,500 per person
Total =		\$

I understand that I am responsible for all stall fees, bedding, feed and all of my (and my horses') personal travel expenses.

PAYMENT METHOD:

- ☐ Check Make all payments to:
- ☐ Money Order Diego Gaona
- ☐ Cashiers Check 436 North Tacoma Street
- Farmington, AR 72730

HORSE INFORMATION:

**No Stallions, Mules, or Donkeys Permitted*

Name _____

Age _____

Sex _____

Breed _____

Overnight Stabling Required? ☐ Yes ☐ No

of Nights _____

** Current Negative Coggins & Valid Health Certificate Required*

POLICIES:

Personal Photos: Photos are meant to be for your personal use only, not for commercial purposes or public viewing.
Absolutely NO VIDEO CAMERAS or RECORDING.

Required Equipment: I agree to bring and use a Downunder Horsemanship rope halter and 14ft Lead Rope for the duration of the clinic.

Other Policies: No Dogs Permitted. No Stallions, Mules or Donkey allowed. Appropriate footwear is required at all times during the clinic.
Applicants must be a minimum of 18 years of age at the start of the clinic.

By signing here, I acknowledge and agree to the above policies.

Signature _____ Date _____



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FUNDAMENTALS

Please read over the list of exercises and make sure you are able to perform each exercise with the horse that you plan to participate with. Clinics are meant as a way for the Professional Clinician to critique your understanding and execution of the Method. The better understanding you have of the basics of horsemanship, the better prepared you and your horse will be to excel in the higher levels. Please also keep in mind that there are 11 other participants in the clinic and the Professional Clinician has to divide their time evenly among everyone. If you inadequately evaluate your ability or your horse's ability, you'll take away from other participants' clinic experience and not receive the help you need.

Fundamentals Groundwork

1. Round Penning Exercises
2. Desensitizing to the Lead rope
3. Desensitizing to the Stick and String – all 3 sides
4. Yield the Hindquarters
 - a. Stage 1
 - b. Stage 2
5. Backing Up
 - a. Method 1
 - b. Method 2
 - c. Method 3
 - d. Method 4
6. Yield the Forequarters
7. Lunging for Respect Stage 1
8. Flexing
 - a. Steady Pressure
 - b. Bumping on the Halter
 - c. Poke and Flex
 - d. Flex from Opposite Side
9. Sending Exercise
10. Circle Driving
11. Lunging for Respect Stage 2
12. Leading Beside
13. Fundamental Desensitizing
 - a. Slap and Walk
 - b. Headshy Exercises
 - c. Helicopter Exercise

Fundamentals Riding

1. Flexing with Bridle on the Ground
2. Flexing at a Standstill (under saddle)
3. One Rein Stops
4. Cruising Lesson
5. Follow the Fence
6. Diagonals
7. Touch and Rub Exercise (on the ground)
8. Yield the Hindquarters at a Standstill
9. Yield to a Stop
10. Bending at the Walk
11. Bending Transitions
12. Vertical Flexion at a Standstill
13. Draw to a Stop 1
14. Yield the Hindquarters and Back Up



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Medical History and Emergency Contact

Name: _____ Date of Birth: _____ Age: _____

Contact # _____ ☐ Female ☐ Male

Contact in Case of Emergency:

Name: _____ Phone: _____

Relationship: _____ Cell Phone: _____

Has your doctor placed any restrictions on your activities? ☐ Yes ☐ No

If yes, please explain: _____

Are there any reasons why you should not participate in the clinic? ☐ Yes ☐ No

If yes, please explain: _____

Do you have any allergies? ☐ Yes ☐ No

If yes, please explain: _____

Current Medications: _____

Do you have or have you had any of the following in the last 12 months? (If yes please explain)

	Yes	No	Explanation		Yes	No	Explanation
Anemia	<input type="checkbox"/>	<input type="checkbox"/>	_____	Hypoglycemia	<input type="checkbox"/>	<input type="checkbox"/>	_____
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	_____	Impaired Hearing	<input type="checkbox"/>	<input type="checkbox"/>	_____
Blood Clots	<input type="checkbox"/>	<input type="checkbox"/>	_____	Impaired Vision	<input type="checkbox"/>	<input type="checkbox"/>	_____
Convulsions	<input type="checkbox"/>	<input type="checkbox"/>	_____	Infectious Disease	<input type="checkbox"/>	<input type="checkbox"/>	_____
Depression	<input type="checkbox"/>	<input type="checkbox"/>	_____	Mental Illness	<input type="checkbox"/>	<input type="checkbox"/>	_____
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	_____	Muscle/Joint Disorders	<input type="checkbox"/>	<input type="checkbox"/>	_____
Emphysema	<input type="checkbox"/>	<input type="checkbox"/>	_____	Neck/Back Injuries	<input type="checkbox"/>	<input type="checkbox"/>	_____
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>	_____	Need Special Equipment	<input type="checkbox"/>	<input type="checkbox"/>	_____
Fainting	<input type="checkbox"/>	<input type="checkbox"/>	_____	Pregnancy (currently)	<input type="checkbox"/>	<input type="checkbox"/>	_____
Head Injury	<input type="checkbox"/>	<input type="checkbox"/>	_____	Severe Pain	<input type="checkbox"/>	<input type="checkbox"/>	_____
Skin Disorders	<input type="checkbox"/>	<input type="checkbox"/>	_____	Heart/Cardiac Condition	<input type="checkbox"/>	<input type="checkbox"/>	_____
Surgeries	<input type="checkbox"/>	<input type="checkbox"/>	_____	High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	_____
Unconsciousness	<input type="checkbox"/>	<input type="checkbox"/>	_____				

☐ I acknowledge the clinics will be physically demanding and I am able to participate.

Signature _____

Date _____



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Requirements and Checklist

My Personal Details:

- ☐ I am at least 18 years old.
- ☐ I understand that this is a physically demanding clinic. I am healthy and able to participate in the clinic.
- ☐ I will be responsible for the health, care, cleaning stalls and feeding of my horse throughout the entire clinic.

My Riding Ability:

- ☐ I am confident riding my horse on a loose rein at the **walk, trot and canter** in a group setting.
- ☐ I am confident cantering my horse on a loose rein in a group setting with other horses.
(Important note: If you are not able to confidently canter your horse on a loose rein in a group environment, you may be asked to sit out for a portion of the clinic. No refunds will be given.)

Date I last cantered my horse on a loose rein: _____

My Horse's Ability:

- ☐ I am participating with a horse, not a donkey or a mule.
- ☐ My horse is a mare or gelding.
- ☐ My horse is not a stallion.
- ☐ My horse that I am participating on has had at least 60 rides.
- ☐ My horse is reasonably manageable, both on the ground and under saddle.

Required Documentation:

- ☐ I agree to bring with me a **photocopy** of my horse's current negative **Coggins test**. This copy will be retained by the Clinician. ((REQUIRED regardless of crossing state lines))
- ☐ I agree to bring with me a **photocopy** of my horse's current **Health Certificate**. This copy will be retained by the Clinician. ((REQUIRED regardless of crossing state lines))

Required Equipment:

I understand that I MUST have the following equipment in order to participate in the clinic. I understand that the Clinician will not bring product that is available for purchase. Not having this required equipment will void registration.

- ☐ Riding boots. Proper riding boots with a heel are required. No flip flops, tennis shoes or footwear other than approved riding boots will be allowed in the arena.
- ☐ Downunder Horsemanship Rope Halter and 14' Lead rope—NO OTHER BRANDS ACCEPTED.
- ☐ Handy Stick and String—4ft stick with detachable 6ft string.
- ☐ Bridle with Snaffle Bit and chin strap (Mecate reins or loop reins with a spanker are highly recommended). NO SHANK BITS.
- ☐ Well-fitting saddle and saddle pad with correctly sized girth.

I certify that I have read the requirements and information presented to me above.

Signature

Date



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Clinic Policies

Personal Photos:

Photos are meant to be for your personal use only, not for commercial purposes or public viewing.

Absolutely no video cameras or recording. Initials here: _____

Other Policies:

No dogs permitted at the clinic facility at any time. No Stallions, Mules or Donkeys allowed. Appropriate footwear is required at all times during your clinic. The same horse and rider combination who sign up for the clinic is to participate in the entire clinic. There will be no changes of riders and horses during the clinic. Applicants must be a minimum of 18 years of age.

Payment Policy:

50% of fees are required at sign up. Clinic must be paid in full 60 days prior to start date or the reservation may be turned over to the next applicant on the waiting list.

Helper Policy:

Each clinic participant is permitted to have one helper accompany them at the clinic. Your helper needs to be registered during check in with the Clinician. They should be someone who is supportive of your horsemanship needs and can help with tacking, grooming, cleaning stalls, etc. Helpers are not allowed to groundwork or ride your horse at any time during the clinic.

I agree to the above policies by initialing here: _____

Application Policy:

Acceptance is subject to application and review and approval. A full refund will be given if the application cannot be accepted. This application must accompany the deposit.

By signing, I acknowledge and agree to the above policies.

Signature

Date



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GENERAL: Safety Helmet / Protective Headgear Statement

Read Carefully Before Signing

Name

Address

I, for myself and/or on behalf of my child or legal ward, have been fully warned and advised by Triple D Performance Horsemanship LLC, Diego F. Gaona (hereafter, "Clinician") that I should purchase and wear properly fitted and secured ASTM-standard/SEI-certified protective headgear (helmet and strap) that is designed for use by equestrians when riding or near horses or ponies in order to reduce the severity of some head injuries and possibly prevent death from happening as the result of a fall or other occurrences. I am not relying on Clinician or anyone affiliated with Clinician to provide a certified equestrian helmet or headgear for me, to check any helmet or strap that I may wear, or to monitor my compliance with this suggestion at any time – *now or in the future*. **If I choose to wear an ASTM-standard/SEI certified helmet and headgear, or if I choose not to, this is my decision alone.**

I HAVE READ THIS STATEMENT CAREFULLY BEFORE SIGNING.

CUSTOMER/GUEST: _____

DATE: _____

PARENT/GUARDIAN: _____

DATE: _____

WARNING

UNDER TEXAS LAW (CHAPTER 87, CIVIL PRACTICE AND REMEDIES CODE), AN EQUINE PROFESSIONAL IS NOT LIABLE FOR AN INJURY TO OR THE DEATH OF A PARTICIPANT IN EQUINE ACTIVITIES RESULTING FROM THE INHERENT RISKS OF EQUINE ACTIVITIES.

WAIVER, RELEASE OF LIABILITY, AND INDEMNITY AGREEMENT — Texas
READ CAREFULLY BEFORE SIGNING

I agree to the following agreement with Triple D Performance Horsemanship, LLC, Diego F. Gaona (referred to in this document as "Clinician") as a condition for its allowing me, and persons identified below, to attend and/or participate in one or more clinics or instructional activities with Clinician, be near horses or ponies, handle horses or ponies, ride horses or ponies, receive instruction or guidance (directly or indirectly) in riding, working with, or handling of horses or ponies at any time and at any location under the direct or indirect supervision of Clinician; and/or use equipment (including, but not limited to, halters, lead ropes, headstalls, mecate reins, bits, and handy sticks, or other equipment) on or near horses or ponies before, during, or after the clinic or instructional activity. (All of these activities, individually and collectively, will hereafter be referred to in this document as "The Activities.")

NAME OF CONTRACTING PARTY: _____

ADDRESSES OF CONTRACTING PARTIES: _____

PHONE: [Home] _____ [Business] _____ [Cell] _____

I also make this agreement on behalf of the following, who is/are my child/ren or legal ward(s):

1. _____ AGE: _____
Child's Date of Birth: _____

2. _____ AGE: _____
Child's Date of Birth: _____

All parts of this agreement shall apply to me, and the children/legal wards listed above. [We will collectively call ourselves "I," "me," or "my" throughout this agreement.] This Waiver, Agreement, and Release of Liability is intended to be valid and binding at all times, now and in the future, when Clinician or his staff permit me (directly or indirectly) to engage in any or all of The Activities at any location.

IT IS HEREBY AGREED AS FOLLOWS:

1. I have voluntarily requested to engage in any or all of The Activities.
2. *Consideration/Binding Effect.* I am signing this Waiver, Agreement, and Release of Liability in consideration for being allowed to engage in any or all of The Activities. This Waiver, Release of Liability, and Indemnity Agreement is intended to be valid and binding at all times, now and in the future, when Clinician permits me (directly or indirectly) to engage in any or all of The Activities at any time and at any location.
3. *Risks of Equine Activities.* I understand that anyone riding, handling, or even near a horse or pony (these animals will hereafter be referred to as "equines" in this document) can suffer bodily and other injuries. Among other things, equines are unpredictable by nature. For example, when frightened, angry, or under stress, the natural instincts of an equine are to jump forward or sideways, back up quickly, or run away from danger by trotting or galloping. Equines are also known to kick, buck, rear up, spin around, strike, or bite. I know that equines can do any of these things without warning. I also understand that all equines, even if they have no history of inflicting injury, are powerful and have the potential to be dangerous to people and animals that are on, near, or around them.

Further, I understand that riding, handling, or even being near an equine can expose me to numerous hazards, which could include, *for example*: (a) the propensity of an equine to behave in ways that may result in personal injury or death to a person on or around it; (b) the unpredictability of an equine's reaction to a sound, sudden movement, or an unfamiliar object, person, or other animal; (c) certain land conditions and hazards, including surface or subsurface conditions; (d) a collision with another equine, animal, or object; and/or (e) the potential of a participant to act in a negligent manner that may contribute to injury to the participant or another, including failing to maintain control over the equine or not acting within the participant's ability. **I understand that these risks and dangers inherent in equine/farm animal activities can occur with or without negligence on part of Clinician, and I expressly agree to assume them. I also understand that these are some of the risks, and I agree to**

assume others that are not mentioned here. I am not relying on Clinician to list all possible equine-related risks for me in this document or at any time, now or in the future.

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4. WAIVER AND LIABILITY RELEASE/RECOGNITION OF RISKS. As lawful consideration for Clinician allowing me to engage in any or all of The Activities, now or in the future, at any location, and with full knowledge and appreciation of the inherent risks of equine activities, I freely and voluntarily agree to assume the risks involved in any aspect of The Activities at any time. I agree to assume full responsibility for any and all bodily injuries or damages which I or my minor children/legal wards may sustain at any time when engaging in The Activities or while participating of and from all claims, demands, actions, or causes of action (whether they occur now or in the future, and whether they are known or unknown), resulting from either the ordinary negligence of Clinician or of others associated with Clinician, or a violation by any of them of any provision of the Texas Equine Activity Liability Act (except if injury or damage was directly caused by Clinician's gross negligence or willful and wanton misconduct).

I, for myself and for my heirs, administrators, personal representatives or assigns, release, discharge, hold harmless, and agree not to sue Triple D Performance Horsemanship, Diego F. Gaona, Downunder Horsemanship Franchising, LLC, Clinton Anderson, Downunder Horsemanship, Inc., Clinton Anderson Downunder Horsemanship, L.L.C., Clinton Anderson, and their respective affiliates, clinicians, officers, directors, managers, members, employees, agents, assistants, representatives, assigns, and others acting (collectively "Released Parties") of and from all claims, demands, actions, or causes of action (whether they occur now or in the future, and whether they are known or unknown), resulting from either the ordinary negligence of Clinician or of others associated with Clinician, or a violation by any of them of any provision of the Texas Equine Activity Liability Act (except if injury or damage was directly caused by Clinician's gross negligence or willful and wanton misconduct). *It is my intention to release and hold harmless Triple D Performance Horsemanship LLC, Diego F. Gaona, Clinton, Downunder Horsemanship Franchising, LLC, Clinton Anderson Downunder Horsemanship, Inc., Clinton Anderson Downunder Horsemanship, L. L. C., Clinton Anderson, and their respective clinicians, officers, directors, managers, members, employees, agents, assistants, representatives, assigns, and others acting on their behalf to the fullest extent allowed under Texas law.*

WAIVER AND LIABILITY RELEASE PERTAINING TO EQUINE(S). In addition, with respect to each equine that I own, lease, ride, handle, use, or provide for any of The Activities (whether or not I am the one who is working with the equine), I agree to release and discharge * Triple D Performance Horsemanship, Diego F. Gaona, Clinician, Downunder Horsemanship Franchising, LLC, Clinton Anderson Downunder Horsemanship, Inc., Clinton Anderson Downunder Horsemanship, L.L.C., Clinton Anderson, and their respective clinicians, officers, directors, managers, members, employees, agents, assistants, representatives, assigns, and others acting on their behalf, of and from all claims, demands, actions, or causes of action (whether they occur now or in the future, and whether they are known or unknown), resulting from ordinary negligence of Clinician or of others associated with Clinician. This waiver and release is intended to apply at all times before, during, or after The Activities take place at any location that may result in injury, loss, or damage to this/these equine(s) and that may accrue from any cause whatsoever, including accidents, illnesses, theft, running away, and/or injuries that may occur before, during, or after any of The Activities (except if injury or damage was directly caused by Clinician's gross negligence or willful and wanton misconduct).

5. INDEMNIFICATION. I also agree to indemnify and hold harmless Clinician, Downunder Horsemanship Franchising, LLC, Clinton Anderson Downunder Horsemanship, Inc., Clinton Anderson Downunder Horsemanship, L.L.C., Clinton Anderson, and their respective clinicians, officers, directors, managers, members, employees, agents, assistants, representatives, assigns, and others acting on their behalf against all liability, claim, loss, action or expenses which are sustained, suffered, or incurred by any third person(s) that I may cause (directly or indirectly) while engaging in any or all of The Activities at any

time and at any location in connection with my attendance or participation in the clinic or instructional activity with Clinician. ["Third persons" are any and all people who are not parties to this Agreement and includes, *but is not limited to*, my relatives, guests, other clinic participants, spectators, or visitors, etc.]. The indemnification shall include reimbursement of Clinician's reasonable attorney fees.

6. *Helmets/Safety.* I agree to be responsible for my own safety. Wearing a helmet is my choice; Clinician has advised me that I should consider purchasing and wearing properly fitted and secured ASTM-standard (F 1163)/SEI-certified protective equestrian headgear when riding, handling, or when near equines. **I am NOT relying on Clinician or anyone affiliated with Clinician to provide a certified equestrian helmet for me, to check any helmet or helmet strap that I may wear, or to monitor my compliance with this suggestion at any time — now or in the future. If I choose to wear an ASTM-standard/SEI-certified equestrian helmet and headgear, or if I choose not to, this is my decision alone.**

7. *Emergencies.* Person(s) to Contact in Case of Emergency:

Name: _____ Relationship: _____

Phone No.: _____ Cell Phone No.: _____ Pager No.: _____

8. *Health and Physical Conditions.* Many physical conditions or disabilities pose special physical risks to the participant during exercise. Horseback riding, handling horses, and equine activities are exercise. I understand that Clinician recommends that I seek the advice of a physician before participating in any of the Activities. Also, I want Clinician to be aware of the following physical conditions I have that may affect my ability to ride an equine, handle an equine, be near an equine, and/or attend or participate in a clinic, program, or educational event: _____

9. *Use of Photographs or Videotapes.* By my signature below, I also irrevocably grant full permission for Clinician or others affiliated with and authorized by Clinician, to use and publish any photographs, videotapes, or electronic recordings taken of me, even if such use and publication is for commercial or promotional purposes.

10. *Independent Trainers/Clinicians/Instructors.* I am aware that independent trainers, clinicians, and/or instructors may occasionally do business near, or at the same time as, Clinician, but I understand they operate as wholly independent businesses and are not employees, partners, or in joint venture with Clinician.

11. This Waiver, Release of Liability, and Indemnity Agreement is governed by Texas law and is intended to be as broad and inclusive as Texas law permits. This document can only be modified in writing and signed by Clinician. Should any clause conflict with Texas law, only that clause will be null and void and the remainder of this document shall stay in full force and effect at all times, now or in the future. Should I breach this Waiver, Release of Liability and Indemnity Agreement (or any part of it) I agree to pay the attorney's fees and court costs related to such breach incurred by Clinician and/or persons directly affiliated with Clinician and Released parties. It is also mutually agreed that any disputes arising under this Waiver, Release of Liability, and Indemnity Agreement, or any activities that are undertaken pursuant to this document, shall be litigated in a State or Federal Court of proper jurisdiction located in or nearest to Erath County, Texas, where Clinician resides and transacts business, and I agree that this is a convenient location.

12. **ALSO, I REPRESENT THAT (CHECK EACH BOX BELOW):**

- ☐ **I AM AT OR OVER 18 YEARS OF AGE;**
- ☐ **I AM OF SOUND MIND, AND NOT SUFFERING FROM SHOCK OR UNDER THE INFLUENCE OF ALCOHOL, DRUGS, OR INTOXICANTS;**

- ☐ I HAVE READ THIS ENTIRE WAIVER, AGREEMENT AND RELEASE OF LIABILITY (ALL THREE PAGES), AND I FULLY UNDERSTAND IT;
- ☐ I AM AWARE THAT THIS DOCUMENT IS LEGALLY BINDING AND THAT BY SIGNING IT I AM GIVING UP LEGAL RIGHTS AND/OR REMEDIES;
- ☐ I INTEND FOR THIS WAIVER, AGREEMENT AND RELEASE OF LIABILITY TO BE VALID AND BINDING TODAY AND AT ALL TIMES IN THE FUTURE; AND
- ☐ THE INFORMATION I HAVE PROVIDED IN THIS WAIVER, AGREEMENT AND RELEASE OF LIABILITY IS TRUE AND ACCURATE.

SIGNATURE OF CONTRACTING PARTY: _____ DATE: _____

SIGNATURE - CLINICIAN
(or CLINICIAN'S AUTHORIZED REPRESENTATIVE): _____

DATE: _____

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